

Pediatric Shoe Options for Orthotics

**For all inserts or orthotics, it is recommended to remove the insole of the shoe. It is also best to wait until you have the orthotics before buying shoes as you may likely need to size up OR buy multiple size options online to fit and return others. Wide width shoes work best.

Orthotic (SMO/AFO) Friendly Shoes:

- New Balance – wide or extra wide width
- Billy Footwear
- Plae – recommend ordering a larger strap size to create more room to better accommodate orthotic
 - Mesh fabric is recommended as they are able to stretch more per report of parents who have tried these shoes
- See Kai Run
- Converse Easy Slip (high tops with Velcro closure)
- Converse – order larger size and loosen all of the laces
- Vans Sk8-Mid – Velcro enclosure only (fabric can stretch some over time)
- Ikiki – have a squeaker in the heel but sound can be turned off
- Nike Fly Ease (can be narrow)
- Shoes for AFO's (online store: www.shoesforafos.com – high prices)
- Some parents have reported success with various Target Cat and Jack shoes

Supportive Shoes and Sandals (potentially orthotics friendly):

- Keen
- Pediped
- Stride Rite

(** zappos.com → Orthotic friendly filter and allows you to order shoes in two different sizes)

