



**TAKE
HOME
TIPS**



Make Learning Speech Sounds Fun!

Try finding any functional activity in which to engage your child that will help them practice their target speech sounds. For example, if they are working on s-blends, doing a craft that allows for “sticking”, “stamping”, or “snipping” will be a fun and meaningful way to get lots of repetitive practice.

Talking about pictures in books or talking about what you see in your environment is also a great way to use repetitive phrases that contain your child’s speech sounds (e.g. “I see ___”, “I found _____”, “Look! It’s a _____”, “There’s a _____”).

See if you can incorporate speech sound practice into a daily routine (e.g. practicing saying “soap” when washing hands if the target sound is /s/, practicing saying “shoe” when putting on shoes if the target sound is /sh/).

Some specific activities your child can do at home:

1. Go on a scavenger around the house. How many things can you find that contain your speech sound? Practice each word five times when you find them.
2. Draw your favorite animal and pretend to feed it five things that contain your speech sound.
3. Read a book and see how many words you can find that contain your speech sound.
4. Teach someone at home how to make your speech sound. See if they can name words that have your sound in them and then practice together!
5. Set a timer for a minute and see how many words with your speech sound you can name. You can also make this a game in the car. Go back and forth with a family

member and see how many words you both can think of on a car trip.

6. Who do you know that has your speech sound in their name? It could be family, a friend, or maybe a favorite TV show character. Create some silly sentences using those names.
7. Use Play-Doh to shape the letters of words containing your speech sound or create images of the words (e.g. make a sun or a sock if your speech sound is /s/). See if someone at home can guess what you made!
8. Spray shaving cream on a cookie sheet and then write words or draw pictures of words that have your speech sound while you practice saying them.
9. Have someone at home tape your practice words/pictures around a room. Turn out the lights and try to find your words with a flashlight.
10. Use sidewalk chalk to make a hopscotch game outside and draw a picture of a word that has your speech sound in each box. Practice your words as you're drawing and then have fun hopping!
11. Play basketball with your target words! Write or draw pictures of your words on small pieces of paper. Every time you practice a word five times, you get to crumple the piece of paper and throw it in a bucket.
12. Make a collage of pictures of words that have your speech sound. You can cut out pictures from a magazine or have someone at home help you print out pictures.
13. Pretend you're going on a trip and you need to make a packing list. Name five things to bring that contain your speech sound. Make sentences about why you want to bring those things.
14. Play a board game with someone at home. Before someone takes a turn, they need to say a word that has your speech sound five times. You can use picture cards with target speech sounds if available.
15. Have someone at home take a video of you talking about anything you want (e.g. a vacation, how to play one of your favorite games, tell a story). Watch the video together and see how many times you remembered to say your speech sounds.